Lympne Church of England Primary School

Let Your Light Shine

Friendship, Respect, Courage, Resilience

Tuesday 3rd November 2026

Year R PSHE/RSE Termly letter

Dear Parents and Carers,

As you will be aware from Term 1's letter, we will be continuing to use the Jigsaw scheme for PSHE/RSE education, and it has been updated in light of the new changes. Jigsaw has been designed as a whole-school approach. It provides a detailed and comprehensive scheme of learning for Personal, Social, Health and Emotional including Health and Well-being. It also includes Relationships, Sex and Health Education, fulfilling DfE statutory requirements. Our aim is following this scheme to help prepare our children at Lympne for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world.

In Term 2, we will be continuing your child's PSHE journey through our scheme "Jigsaw". Jigsaw is made up of 6 jigsaw puzzle pieces each one taught in a new term and introducing a new theme. The themes are the same year on year however the content increases and develops with age.

Term 2's jigsaw puzzle piece is 'Celebrating Difference'. We want to make you aware of some of the information that we will be learning about and exploring.

As part of the new documentation Jigsaw provides a detail knowledge and progression grid which shows the overview of the topic and vocabulary which will be shared as well as a parent guide should you wish to follow up any of the learning at home.

Ages 3-5

Puzzle overview: Celebrating Difference

In this Puzzle (unit), children are encouraged to think about things that they are good at whilst understanding that everyone is good at different things. They discuss being different and how that makes everyone special but also recognise that we are the same in many ways. The children share their experiences of their homes and are asked to explain why it is special to them. They learn about friendship and how to be a kind friend and how to stand up for themselves if someone says or does something unkind to them.

Knowledge	Social and emotional skills
• I know what being unique means • I can name and recognise some emotions • I understand why having friends is important • I can name qualities of a positive friendship • I know what being proud means, and that people can be proud of different things • I understand that people can be good at different things • I know all families are different • I know that everyone has different homes	• I can recognise emotions in myself and others • I know some skills to help make a friend • I recognise some ways that I am different yet similar to others • I know how to use skills to stand up for themselves • I can recognise things I am good at • I can identify similarities and differences between my own family and other families

Vocabulary

differences, different, friendship, frightened, family, friends, happy, home, kind, proud, sad, similar, similarities, special, unique, unkind

Guide for families:

Ages 3-5	Talking Together: suggested questions to support 'Celebrating Difference' learning at home		
	Being unique and special • What makes you special? • What are you really good at? • How are you the same as other people? • How are you different?	**Feelings and emotions** • Can you tell me about a time you felt happy or sad? • How can we tell how someone else is feeling? • What helps you feel better if you feel upset?	**Friendship and kindness** • Who are your friends? What do you like about them? • What does being a kind friend look like? • How can you make someone feel happy or included?
	Families and homes • Who is in your family? • What makes your home special to you? • How are other families the same or different to yours?	**Being proud and celebrating others** • What are you proud of? • What might someone else feel proud of? • How can we celebrate what other people are good at?	**Standing up for yourself and others** • What can you do if someone is unkind? • Who can you talk to if something worries you? • How can you help someone if they feel sad or left out?
	Resources and additional support for Families		
	• BBC Tiny Happy People - short videos, ideas and resources to support families with themes of friendship, difference, families and kindness • BookTrust – high-quality book recommendations for children by age (including ages 3–5) including topics on feelings, friendships, starting school and behaviour • Visit your local library to explore a range of age-appropriate fiction and non-fiction books linked to the Celebrating Difference theme.		

In Term 3, the Jigsaw puzzle piece is 'Dreams and Goals' and you will receive a separate letter explaining what your child will be learning in this topic including key vocabulary nearer to that time.

Yours sincerely



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